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In-On

**A solar
thermal plant
in Crete**

Special Term Crete Business Issue

www.e-inon.com



Andrey Kondakov

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**Collaboration of the airlines
Olympic Air – Cyprus Airlines**

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FAEP
FIPP

Giannis Karakadas
Executive chairman of Olympic Air



Cheaper airline tickets for Greeks who live abroad with Olympic Air-Cyprus Airlines

"The cooperation between Olympic Air and Delta Airlines for the North America market is already supported, since from the coming June 2011 the passengers of the two airlines will be able to collect miles in the code share flights" underlined in a press conference to "In-On" magazine the Executive Chairman of Olympic Air Mr. Giannis Karakadas.

Thus -he continued- the Greeks abroad will be able to visit Greece more often paying less.

Regarding the flights to Crete he mentioned the recent cooperation with "Cyprus Airways" where there is a connection with Larnaca - Herakleion - Larnaca, Larnaca - Chania - Larnaca and Herakleion - Rhodes and the passengers could collect miles in the code share flights.

Question: What are the benefits that the passengers gain due to the cooperation with Cyprus Airways and more particularly what are the benefits for Crete?

Answer: As one can see the benefits are numerous. It is not only the fact that the cooperation with the Cyprus Airways will differentiate Olympic Air towards competition. More importantly, it is the fact that it offers smart solutions and dynamic choices to the passengers, giving the potentiality for cheaper fares. Just think that the agreement covers 364 domestic flights a week in a total of 38.500 offered positions.

It is important for us and for the public as well, the linking cus-

tomers loyalty programs of the two companies (TRAVELAIR & SUNMILES), from June 2011. Thus, the passengers will have the opportunity to earn miles traveling on the airline of their choice (either Olympic Air or Cyprus Airways) and redeem miles for free tickets to the network of the two companies.

Undoubtedly, it should not remain unnoticed that the markets share of capacity in the line Athens- Larnaca increases; therefore, there are greater choices for the travelers. It has to be mentioned that both Cyprus Airways and Olympic Air offer the 63% of the total number of flights between Athens - Larnaca.

In 2010, 505.000 passengers entrusted the two companies offering a market share of 62%.

Today, we can return their trust providing a better flow of passenger traffic at junctions Athens and Larnaca, offering a transit time of 1 hour, simplification of the procedures for handling of passengers at the airports of Greece and Cyprus and an even better programming of the commercially important hours between the two countries aiming at a more efficient customer service.

Allow me to give you an example of the wide range of the possibilities that will be offered:

During summer season Cyprus Airways will daily operate more than 52 domestic flights of the Olympic Air for the benefit of the Cypriot travelers.

Question: Will there be an agreement for direct flights to Crete?

Answer: Certainly. In the implementation of the code share program on all scheduled services starting on March 27th in the route of Cyprus Airways Larnaca - Herakleion - Larnaca, there will be direct flights from Cyprus to Crete. Moreover, from April 18th onwards the project will be expanded in the itinerary of Cyprus Airways Herakleion - Rhodes - Herakleion. At the same time, the resetting of the direct flights of Olympic Air from Thessaloniki to Herakleion and Chania reinforces the «Cretan dimension» of the particular collaboration, showing, therefore, our intentions for this big and beautiful island that constitutes one of the greatest poles of the Greek tourism industry.

Question: When will the cooperation with Cyprus Airways be completed regarding the transport of goods to Crete?

Answer: Today, the plane schedule Herakleion - Larnaca is only realized by Cyprus Airways so goods are transported by the airline. Later, however, an agreement will follow regarding goods for all routes.

Question: Apart from Herakleion Airport, will the cooperation be expanded to Chania airport, too?

Answer: Cyprus Airways in cooperation with Olympic Air will offer the scheduled flights Larnaca - Chania - Larnaca via Athens from mid-April; therefore, the packet becomes wider and multi-dimensional.

Question: What are the new plans of Olympic for the next three years?

Answer: Olympic Air aims to become the unquestionable leader in the wider area of Southeastern Europe, a company that will offer a unique product to its customers suitable to their needs and the new conditions in the area. The agreement with Cyprus Airways is our first strategic move. A project, which was designed to give the characteristics and scale that are appropriate to the Greeks' favorite airline. Actually, this planning will diversify the Olympic Air against the competition through offering clever solutions and bold choices to the travelers. Olympic will reinforce its network abroad, in the Balkans and Middle East, and will focus on the provision of complete packages of services to its passengers. Equally important moves will follow. Besides, it should not be forgotten that this cooperation with Cyprus Airways comes just a little time after Commission's decision not to allow merging with Aegean.

Within the framework of a three-year plan, Olympic aims to a further reinforcement of the agreements already signed with Delta Airlines for the market of North America and with Etihad for the markets of Asia and Australia. The cooperation with Delta is already reinforced, as starting next June the passengers of both companies will be able to collect miles in the code share flights.

Question: Give us the historical details of Olympic Air and Cyprus Airways:

Answer: Olympic Air, following the tradition of Olympic Airways, officially started the operations on October 1st 2009, with the aim to become again the leading Greek airline and serve its passengers in the best possible way. Being equipped with well-trained personnel and a fleet of the latest technology

is the worthy successor of a historic past. In March 2009, the transfer to MIG, which is the biggest business group in South East Europe, was preceded and so the preparation for a new era in its history started.

Olympic Air has one of the youngest fleets in Europe consisting of 8 Airbus (A320/A319), 10 Q400 Bombardier, 5 Dash 100 Bombardier and one (1) ATR-42.

The existence of these various types of aircraft provides Olympic Air with operational and commercial flexibility, allowing therefore, the use of the appropriate aircraft type per route and season, whereas keeping at least 2 available (stand-by) aircraft guarantees high fidelity in departure times ensuring aircraft & dispatch reliability.

The plane schedule covers 40 destinations (8 international and 32 domestic routes) including arid routes as well. Analytically, daily departures are covered to: Amsterdam, Bucharest, Larnaca, Sofia, Istanbul, Belgrade, Cairo and Tirana. Also from and to Athens, Thessaloniki, Kavala, Alexandroupolis, Lemnos, Mytiline, Chios, Samos, Kos, Syros, Rhodes, Mykonos, Santorini, Herakleion, Chania, Kefalonia, Zakynthos, Ioannina and Corfu. Also, arid routes are covered to Astypalea, Leros, Milos, Karpathos, Kasos, Sitia, Kythira, Naxos, Paros, Kalymnos, Skiathos, Ikaria and Kastelorizo. Since March 27th the new itineraries of Olympic are realized from Thessaloniki Airport. More specifically: Thessaloniki - Herakleion, Thessaloniki - Chania, Thessaloniki - Mytiline and Thessaloniki - Rhodes.

Olympic Air has signed code share flight agreements (code share) with Delta regarding flights to the U.S.A, with Etihad Airways to Australia and South Africa and Cyprus Airways covering destinations home and abroad, that both Olympic Air and Cyprus Airways realize.

Olympic Air belongs to the Olympic group, which includes Olympic Handling and Olympic Engineering as well. It is basically located in Athens International Airport Eleftherios Venizelos whereas secondary flight bases are used in Thessaloniki and Rhodes. Furthermore, there is cooperation with offices in Greece and abroad which are members of IATA, there is an On-Line service system through the internet (www.olympicair.com) and a booking system through telephone exchange.

Cyprus Airways was founded on September 24th 1947, by the colonial government of Great Britain in Cyprus at that time, British European Airways (BEA) and other private investors. Today, Cyprus Airways belongs to a percentage of 69.62% to the Republic of Cyprus and to a percentage of 30.38% to private investors. Strategic cooperation agreements have been concluded with KLM Royal Dutch Airlines, Alitalia, Aeroflot, LOT Polish Airlines, Gulf Air, El Al, SN Brussels Airlines, AeroSvit, Etihad and Royal Jordanian. Cyprus Airways connects Cyprus with 17 countries and 24 cities in Europe and Middle East.

Cyprus Airways has 3 Airbus A319, 7 Airbus A320, and 2 Airbus A330. It realizes flights from and to Larnaca, Sofia, Beirut, Damascus, Frankfurt, London (Heathrow), Amsterdam, Munich, Manchester, Milan, Moscow, St. Petersburg, Paris, Rome, Tel Aviv, Vienna, Zurich, Athens, Herakleion, Thessaloniki, Rhodes, Paphos.



Since 1992 a subsidiary company was founded and functions called Eurocypria Airlines. Also, in 2002, Hellas Jet in Greece was founded (having the 75% of the shares), which till May 2005 regular scheduled flights were executed from London / Heathrow, London / Gatwick, Manchester, Paris, Brussels and Zurich from Athens, while since May 2005 it bestirred itself in charter flights and in ad-hoc aircraft rentals to other companies, until its sale to the travel group Air Miles.

Curriculum Vitae of the Executive Chairman of Olympic Air The Executive Chairman of the Board of Directors of Olympic Air, Giannis Karakadas, has 25 years international experience in the development and the restructuring of leading companies all over the world. He has worked in senior management positions in multinational groups, in a broad range of industries including new technologies, consumer products and services, retail chains and commercial shipping.

Currently, he has headed the largest restructuring effort in the IT industry, and today is the President and CEO of Singular-Logic which is the largest Greek software development company and IT service provider in South East Europe. Singular Logic is known among others for its responsibility to collect and transmit the election results for the Ministry of Interior.

Giannis Karakadas has served on multiple Boards of Directors of listed and unlisted companies in Greece and abroad and is currently a member of the Board of Directors of Navios Maritime Partners as well as a member of the Audit Committee. He served as CEO of the German Company Tchibo GmbH (the biggest retail company in Europe regarding the number of points of sale) based in Hamburg. He also served as president in the Asian-Pacific American chain of Burger King Restaurants based in Sydney, Australia. He formerly served as the Managing Director in Europe for the Italian Company Barilla located in Parma, Italy.

He started his career in 1985 in Procter & Gamble Company in Athens and later served as Marketing Director Europe in PepsiCo Company having worked in top levels of management positions in Rome, Frankfurt and London.

Moreover, Giannis Karakadas is the founder and CEO of White Tower Ltd Company located in the United Kingdom engaged in the counseling of the operational and financial restructuring of Companies.

Giannis Karakadas was born in Thessaloniki in 1962 and holds a degree in Industrial Management from Kent State University (USA) in 1982.



“Innovations aim at promoting transparency, fighting maladministration and enhancing the environment for the development of business activities through the creation of new institutions, such as the advocate for business and the exploitation of the internet and new technologies” underlined in an interview to “In-On” magazine, the first woman who serves as the vice-prefect of Rethymnon Mrs. Maria Lioni.

She also stressed that “the citizens of Rethymnon have recently proved not only by their attitude but also by their vote that they equally trust men and women regarding their engagement with politics. This constitutes a reality either in the local government, where female colleagues serve in the first or secondary level as members of the City and county councils, deputy mayors, and vice-prefects or in the Parliament, as in the last six years one out of two members of the parliament is a woman. The local community being acquainted with women’s presence in the local government as well as my own 25 year engagement in politics was not prejudiced against a woman’s election in the position of a vice-prefect”.

Moreover, she continued “On behalf of the region of Crete our aim is to reinforce entrepreneurship and promote our capabilities in production through certain interventions in the three productive sectors, giving priority though, to the promotion of agriculture which is the cornerstone of Cretan economy. At the same time we incorporate new technologies to the secondary sector. Regarding the primary sector (agriculture - animal breeding) we are planning interventions so as our production improves not only in quantity but also in quality making, therefore, our products more competitive. Through our products we wish to push forward the comparative benefits of the Cretan agriculture and diet, which should connect other productive sectors such as tourism and small industries. Our producers need support in this effort in the form of scientific research and aid as well as with motives to commence new investments and activities. Among others, the region of Crete will directly move to the establishment of an operational food industry institution, which will undertake the coordination of activities all over the region. The main aim of the institution is the strategic design, the assistance of the necessary co-operations generally in the field of diet

First Ladies

The Periphery of Crete moves towards the establishment of a regional food industry institution

but also in other sectors as well (tourism, health, industry, education).

Regarding the secondary sector, the enlargement and the modernization of the productive base combined with the extroversion of the enterprises and the opening of the markets abroad constitutes a great challenge. It is of crucial importance to connect this section with the primary sector giving emphasis to the units and businesses that are engaged with the standardization of agricultural products. Finally, as far as tourism is

concerned which is the flagship of our local economy, we emphasize on targeted markets and the promotion of Crete as a single tourist destination. Additionally, reinforcement of our investments is also needed in order to promote new and alternative forms of tourism and extend the tourist season as well as the ultimate exploitation of the comparative benefit called “Cretan Diet”. However, one should not forget that the development in tourism presupposes the existence of the latest logistical assistance and urban infrastructure (roads, airports, ports) as well as the use of qualified human resources”.

Curriculum Vitae

Maria Lioni was born in Orchomenos in Viotia. She studied Law at the Law School of Athens graduating with honors.

She is married to Christos Lionis, Associate Professor in the School of Medicine in Crete. She is a mother of two children: Eugene who is a researcher in pharmacology and Dimitris, a graduate student of the department of Statistics at the Athens University of Economics and Business.

Since 1983, she practices law in Rethymnon and is a Court of Appeals Lawyer.

In 1986, she was elected counselor in the city of Rethymnon and from 1987 till 1990 she served as a chairman in the City council.

In 1994, she was elected Prefectural councilor in the city of Rethymnon and from 1995 till 1997 she served as a Deputy Prefect of Rethymnon. Also, she served as a vice-prefect in the sectors of Education, Culture and Social Welfare.

She was reelected in 2007 as a counselor in the city of Rethymnon and served as a Deputy Mayor engaged in issues of social policy.

From December 2009 till December 2010 she served as a Secretary General in the region of central Macedonia.



Investment opportunities regarding energy in Crete

“Crete provides several investment opportunities in the energy sector where the primary attention is on the development of the wind and solar capacities in the country. In Crete, the BSTDB is currently considering a solar thermal plant project opportunity, which is based on the cutting-edge concentrated solar power technology. If implemented, the project will improve the quality of electricity and reduce the electricity strains during the peak load”, clarified in a press conference to “In-On” magazine the President of the Black Sea Trade and Development Bank Mr. Andrey Kondakov.

-Which are the Greek banks that you will cooperate with?

ANS: We do not have any active operations in the Greek banking sector at the moment. Historically, it has been difficult to demonstrate and prove the Bank’s dedication and capability in Greece due to the well developed Greek banking sector and capital market. Therefore, the main focus of the Bank’s operations in Greece was on the non-banking sector. However, the Bank is open to considering cooperation possibilities with the Greek banks.

-What is the target of the bank’s cooperation with the Greek banks?

ANS: When cooperating with partners, including the Greek banks, the Bank has to pursue its mandate, which aims to support the economic and social development of the Member States and the cooperation among them. In particular, the Bank can provide direct loans to Greek banks for on-lending to their clients, including SMEs and retail customers. In this case, the Bank will support the lending activities of the Greek banks and facilitate access to finance for their clients. The Bank can also help the Greek banks to finance activities and strengthen their presence in other Member States. In addition, the Bank can consider co-financing opportunities with the Greek banks providing funding for Greek companies’ local or cross-border projects, thus sharing risks and supporting the Greek economy.

-Which are the Greek banks that have shown interest?

ANS: There have been very preliminary contacts but it is too early to mention the names of the institutions.

-To what extent is the bank interested in a co-operation with enterprises from Crete?

-ANS: Greece is one of the largest shareholders of the BSTDB. The Bank was established by its shareholders to promote and facilitate the economic development of its member-states and the cooperation among them. We are interested in financing commercially viable enterprises and projects in the Hellenic Republic whether they are located in Crete or in any other part of the country. We are following the developments in respect of the Kastelli Airport Project and, once the concession is awarded, we would be very much interested in considering our involvement in financing this project, which will improve the transport infrastructure of Crete and contribute positively to the tourism as well as the other sectors of the economy of the island.

-Is there any interest from the bank’s shareholders to invest in the energy resources of Crete?

ANS: Greece, particularly Crete, provides several investment opportunities in the energy sector where the primary attention is on the development of the wind and solar capacities in the country. In Crete, the BSTDB is currently considering a solar thermal plant project opportunity, which is based on the cutting-edge concentrated solar power technology. If implemented, the project will improve the quality of electricity and reduce the electricity strains during the peak load.

CURRICULUM VITAE

Andrey Kondakov was born in Russia in 1960 and was appointed President of the Black Sea Trade and Development Bank, on July 16th 2010 for four years.

He started his career as a researcher in 1982; he specializes in international funding of investment projects. In 1988, he worked in the Ministry of Foreign Affairs, Department of Inter-

national Economic Relations and gradually undertook responsible posts in Moscow and abroad before becoming Manager of the Department in 2002. During his entire career he was mainly responsible for issues regarding Russia’s participation in international financial institutions, investment and financial relations as well as peripheral financial cooperation.

Since 2006, he has been a member of Collegiums of the Ministry of Foreign Affairs (ministerial committee). Mr. Kondakov

was the head of the Russian Delegation regarding accession discussions with the Asian Development Bank and the Inter-American Development Bank. From 2003 till 2007 he was a member of BSTDB in the Board of Directors for Russia. From July 2007 until July 2010 Mr. Kondakov served as a BSTDB Vice-President in Banking. He graduated from the Department of Economics of the State University of Moscow and holds a doctoral degree in Economic Development.



Mr. Andrey Kondakov
The chairman
of the
Black Sea Trade and
Development Bank

Funding enterprises in the region

“Greek Region and the reinforcement of enterprises in it, consists a priority for the Operational Program “Digital Convergence”. Within the context of our program, the possibility of funding is seriously examined, at the stage of evaluation of proposals of the companies of the Region and especially those located in the Regions of Pure Convergence according to the OP “Digital Convergence”, namely in Eastern Macedonia– Thrace, Thessaly, Epirus Western Greece, Peloponnese, Ionian islands, Crete and North Aegean”, underlined in an interview to “In-On” magazine, the Special Secretary for Digital Planning, Mr. Markopoulos (Ministry of Regional Development).

Question: Regarding the new investment project of Digital Convergence that will start in June what kinds of companies does it refer to and what is the amount of money for the investments to commence?

Answer: The new framework for state aid from the Operational Program “Digital Convergence” that was recently announced and is about to be put in action during summer, is developed in two complementary lines which are not restricted within traditional models, reinforcing, therefore, the creation of new posts of employment.

The first in which almost 120 million Euros is about to be given, refers to the “strengthening of supply” and aims at the development of innovative services, products and IT companies, and the second refers to the “strengthening of demand”, in a budget of 180 million Euros, in order to incorporate latest technology to the market.

Critical parameter in this context constitutes the change in methodology that we follow, as the actions will be realized now in circles and phases whereas there will be a reward for the implementation of innovation in entrepreneurship from the stage of setting up till maturation. Funding will be allocated to discrete stages of maturity. More particularly, participating in every next phase presupposes the successful completion of the previous.

The axis that regards the strengthening of supply has to do mostly with enterprises in the field of Information and Communication Technologies, regardless size or “age”.

We pursue to support entrepreneurship even in its first steps, the realization of innovative ideas and their commercial exploitation as well.

The axis that regards the strengthening of demand is to mainly aim at medium, small and very small enterprises in specific fields, according to the priorities set by the digital agenda of the European Union. In this context, we aim to reinforce the exploitation of Information and Communication Technologies in order to enhance the production of the supply chain, of energy efficient enterprises in the field of the processing of agricultural products, tourism services etc.

The investments, which are about to be reinforced by the new framework for state aid, are expected to range from 200.000 to even five (5) million Euros.

Question: How will the companies of the region be supported?

Answer: Greek region and the reinforcement of enterprises in it constitute a priority not only for the Ministry of Regional Development in total but also for the Operational Program “Digital Convergence” more specifically. These actions have a regional dimension taking into account the local peculiarities of every region. In fact, in the framework of our program, the possibility of funding is seriously examined, at the stage of evaluation of proposals, of the companies of the Region and especially those located in the Regions of Pure Convergence according to O.P «Digital Convergence», namely in Eastern Macedonia– Thrace, Thessaly, Epirus Western Greece, Peloponnese, Ionian islands, Crete and North Aegean.

Question: What does a company need to get the approval of its investment with the new investment program?

Answer: The terms and conditions to participate in the new framework for state aid of the Operational Program “Digital Convergence” have not been finalized yet. As already mentioned, however, companies are not to be excluded due to their size or “age”. It has to be noticed that in any case, all the companies that want to exploit these actions - and our care is that there are as many companies



Mr. Antonis Markopoulos
Special Secretary for digital planning
(Ministry of Regional Development)

as possible - should have an extrovert mood, a good approach of their developmental goals and employment of human resources, right programming, realistic, yet ambitious business plans and detailed planning. This is because we want these actions to have qualitative and over time results and not occasional ones.

Question: What the law on new entrepreneurship?

Answer: If we refer to the New Investment Law of the Ministry of Regional Development and Competitiveness, as the Minister himself has already mentioned, special attention is given to social mobility through the support of new enterprises and the reinforcement of youth entrepreneurship and the scientific potential of the country. In fact, special schemes have been worked upon to reinforce the innovative ventures of new entrepreneurs that regard young peoples’ businesses from 20 to 40 years of age and provides support for almost all costs (operational as well) for 5 years from the start, while the total aid could reach the amount of 1.000.000 Euros.

Curriculum Vitae

The Special Secretary for Digital Planning, Mr. Markopoulos holds a doctorate from the National Technical University, School of Electrical and Computer Engineering and also graduated from the Department of Telecommunications and Informatics of the University of Athens.

His experience is rich in research and development programs not only within the framework of the academic world but also through his long route in the private sector, participating in the design of Integrated Information Systems Architecture and Development of new Internet Systems. Moreover, he has extensively engaged with a Community Support Framework, the management of major projects of the CSF III and ECAC especially in the field of Information and Communications and Digital Strategy. More than 25 research works have been published in internationally recognized conferences, books and magazines in the fields of Next Generation Wireless Networks and Internet Services.

● **Manolis Rassoulis**
The Cretan artist

“THE GOVERNMENTS ARE FALLING BUT LOVE REMAINS”

“The autobiography of the unforgettable Cretan artist Manolis Rassoulis that is under final process will give answers regarding his multi-dimensional personality as well as his artistic concerns” underlined in an interview to “In-On” magazine Natalia Rassouli the daughter of the artist who not only has studied music herself but also is a singer as well.

It has to be noted -she underlined- that he recently wrote another book on Crete whereas there are some of his works in the field of music that will be announced in the future.

According to Natalia Rassouli his major works which constitute a milestone in the modern Greek music reality are the following: “e ekdikisi tis gyftias” (The revenge of the gypsies), “ta dithen” (The alleged), “ta tragoudia tis Haroulas” (Charoula’s songs). The above were composed in his early years of lyrics writing and not only were they remarkable but also changed the existing situation in Modern Greek music industry. Later, a great deal of records followed that are considered a manifest, not only in an artistic level but also in a sociopolitical level. “Oi kyvernises peftoune ma e agape meni” (The governments are falling but love remains), “Pexe Christo epigontos” (Chris play urgently), “Namaste pali edo Andrea” (Here we are again Andreas), “Pote Boudas pote Koudas” (Sometimes Buddah sometimes Koudas), “Ta podosferika” (Football songs) that contain the anthem of the football team OFI, “Valkanizater” (Valkanizater), “Hummus Sapiens”, in collaboration with Israel’s most important songwriter Jehuda Poliker. Rassoulis and Jehuda Poliker made an effort through civilization to unite Palestinians and Israeli as well as the relation between Greece and Israel”.

All his works -as Natalia Rassouli mentions- stem archetypically from Crete because he was not a mere Cretan but one that respected and tried to comprehend Cretan civilization in depth, in the sense that this civilization has influenced the rest of the world. He was deeply concerned with Minoan civilization and its impact on the neighboring countries. In his book “Jews are Cretan Greeks” all these concerns are precisely developed. It could also be mentioned that along with his former book, an-

other significant piece of work was the book “Knossontas the truth”. I believe the title of this specific book reflects his connection with Crete. Actually, he ended every concert with the rizitiko song. “Kosme chryche, kosme argyre” (World gold). A very important moment in his life was in 1988 when he organized cultural events in Archanes in Herakleion in Crete with a peak moment the concert of his friend Akis Panou.

Manolis Rassoulis was born in Herakleion in Crete on the 28th September in 1945; he was brought up in Herakleion helping his father at his jeweler’s shop. Having finished the sixth-grade High School, he moved to Athens where he studied film direction, he wrote poetry and scripts and worked as an amateur singer in music halls in Plaka. On April 21st 1967, he was arrested by the Junta and spent a few hours at Bouboulinas’ torture center». He left for London where he stayed for 6 years. In May 1968, he participated in a mass student uprising in Paris and got seriously injured. In 1974, a bit after the events at the School of Polytechnics, he went to Athens, where he hid to avoid the arrests by the Secret Police. In the summer of 1974, after the evens in Cyprus and the fall of the junta, he continued his political struggle. He worked in Andreadis’ shipyards in Perama, took part in the strike committee and became one of the leaders in the labor movement that overthrew the already existing status in the big shipyards in Elefsina. In London, in June 1973 his daughter was born. He gave her the name Natalia.

In 1974, he was invited by his friend Manos Loizos and sang in the record “The negri” with Maria Farantouri. Also, Manos Loizos promoted him to sing in a commercial of a TV series that became an instant hit. The composer Nicos Mamagakis proposed him to sing in his record based on Prevelakis’ poem “The new Erotokritos”. His first three books were published: “The ballad of Isaac”, a complex poem inspired by young people’s struggle and in which Abraham’s sacrifice was seen from a different perspective. His songs are known and popular in Israel, Turkey and Serbia, in countries where Greeks live and for a mysterious reason in Japan.





Recipes from Rethymnon and Amari in the “Panakron” Estate

Panakron Estate is located in the valley of Amari, in the region of the Abbey School Asomaton, about 38 kilometers south the city of Rethymnon, among the mountains of Psilorites, Kentros and Samitos.

It is an agro touristic unit in an area of 53 acres that consists of 5 traditional self-catered guest houses, a traditional tavern-café, a playground, basketball and volleyball courts, a swimming pool, space for social events, space for horse-riding, farmlands and a parking lot.

The estate’s tavern is built on two levels and is located near the estate’s entrance. The wooden traditional furniture, the stone details on the walls’ decoration and the unobstructed view to the garden of the estate through the windows and the terraces that surround it, give a special tone. The tavern can accommodate up to 400 people in the interior and up to 1000 people in the exterior. In this beautiful and cozy environment, we serve pure dishes based on unique taste recipes from Grete and Amari. In order to prepare them, pure products, and arid fruit and vegetables of the area of Amari are exclusively used. Among some of our dishes that daily alternate, one can find tsigaristo, eggplants with brisket, pork with peppers, as well as traditional sweets such as sour cherry, cherry and walnut. The wine list includes labels from the region of Amari and Cretan vineyards. Meals are served all day from early morning till late in the evening.

The guest houses of “PANAKRON” Estate are built in the northeastern part of the estate overlooking the mountains of Psilorites, Samitos and Kentros. It is located within a walking distance from the swimming pool, the tavern and the parking lot and it consists of five separate guest houses that can accommodate from 2 to 5 people each. The guest houses combine elements of traditional architecture with modern materials and facilities ensuring a pleasant stay. The earthly colors, the

beamed roof, the wooden furniture and the stone-built sofas give a feeling of warmth and calmness.

“Panakron” Estate constitutes an ideal destination not only for day trips but also to stay. The fenced gardens create a safe environment for families with children while dishes of unique taste based on recipes from Crete and Amari are served in the tavern using pure local products and arid fruit and vegetables. Within a short distance from “Panakron” Estate, significant sites are located not only of historical but also natural interest. It is worth visiting the Byzantine Monastery of Asomaton which is situated only a few meters away, while within a range of a few kilometers there is the Potami Dam, the Gious Kampos plateau, the Platania and Patsos gorges, as well as an extensive network of hiking mountain paths.

The estate is ideal for quiet vacations in the enchanting nature of Amari attracting every year many fans of trekking, mountaineering gastronomical, archeological and religious tourism. The aim of this enterprise is the visitor to be able to live and taste authentic tastes, explore the nature of Amari, in the paths that lead to the unique Mt. Psiloritis and visit archeological sites, churches and monasteries.

In the certified estate tavern with the “Cretan Quality Label”, the visitor can taste local traditional dishes exclusively cooked with local olive oil and local products. Furthermore, in the estate there is production of raw materials to be used for food preparation (salads - zucchini - eggplants, herbs etc.).

The visitor can come in touch with the daily life of the locals who are mostly farmers, animal breeders and beekeepers. The visitor can share with them the way they have fun, the way they cook, their customs and also participate in the traditional feasts in the villages, the shearing of the sheep or raki. Moreover, walking in the villages around, the visitor is able to be informed and collect rare regional Cretan herbs.



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